

Travel Companion

Your travel partners to Spain

HIGH ON LIFE

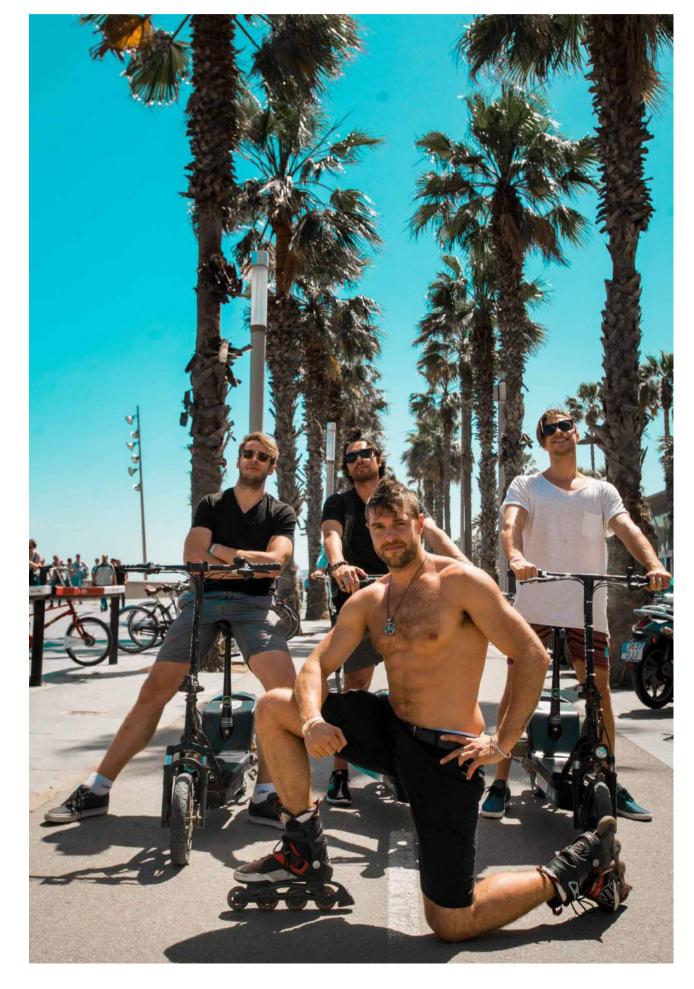
Travel Influencer

High on Life are a Canadian travel influencers consisting of Parker, Ryker, Rush & Kenzo.
They aim to inspire their audiences by documenting their travels around the world.
https://www.youtube.com/user/sundayfundayz

JOUNG GI BEOM

Travel Designer / Editor

The renowned Korean travel journalist Joung is an active travel expert, who wrote and published 18 books covering major global cities and countries, such as Paris, Tokyo, Seoul, and many European regions. His books were published in both Korean and Chinese and were sold and distributed in Korea, Taiwan, Hong Kong, Macau, and China. He has gained public attention for leading and coordinating major TV travel programs in Korea and China, such as the <Grandpas Over Flowers>. He also contributes his writings to major lifestyle magazines in Korea, such as the Cosmopolitan, Lonely Planet, Arena, and Vogue. He graduated Ecole Supérieure de Publicité, an advertising school in France.



7 Days and 7 Nights in the 7 Magical Cities of Spain

About the Journey

It was its geographic environment that established Spain's unique culture in Western Europe. Spain's northern region is secured by the Pyrenees mountains and the southern region is open to the Arab culture with the Strait of Gibraltar in between.

Spain will put visitors on a time machine and bring them to the city of Barcelona filled with the great works of Antoni Gaudí, the city of Sevilla, home of the Flamenco, the town of Vejer de la Frontera, a town of endless creamcolored houses, and the city of Almería, which was the setting of the movie <Lawrence of Arabia>. This great movie won seven Oscar Academy awards. However, its radiant history does not account for all. El Clásico, the football matches between fierce rivals, Real Madrid and FC Barcelona, demonstrate the dynamic aspects of Spain.

Epicureans are bound to visit El Celler de Can Roca and Mugaritz to enjoy the essence of creative Spanish cuisine. At the Museo Nacional Del Prado, which is one of the top three art museums in Europe, art enthusiasts will be able to satisfy their visual needs with the museum's bursting collections. Spain brings together its once-radiant past and dynamic present to visitors from all over the world.



Day 1 Barcelona

The city of Barcelona is filled with the magnificent works of architecture built by Antoni Gaudí and the colorful culture of Catalonia.



Day 2 Sevilla

Experience Flamenco, the dance of passion and love, and the diverse Arab culture.





Day 3 <u>Cádiz</u>

This city will lead visitors to Vejer de la Frontera, a town of endless cream-colored houses, and the region's cluster of schools of Equestrian Art.



Day 7 Almería

Experience the magnificent sand dunes and ever so diverse olive oil tasting sessions.



Day 5 to 6 Málaga & Almería

Exciting yet dangerous trekking on the El Caminito del Ray with a glittering view of the mountains is always on an adventurer's top list to visit. Almería is a special city where Matador training and spa retreats co-exist.



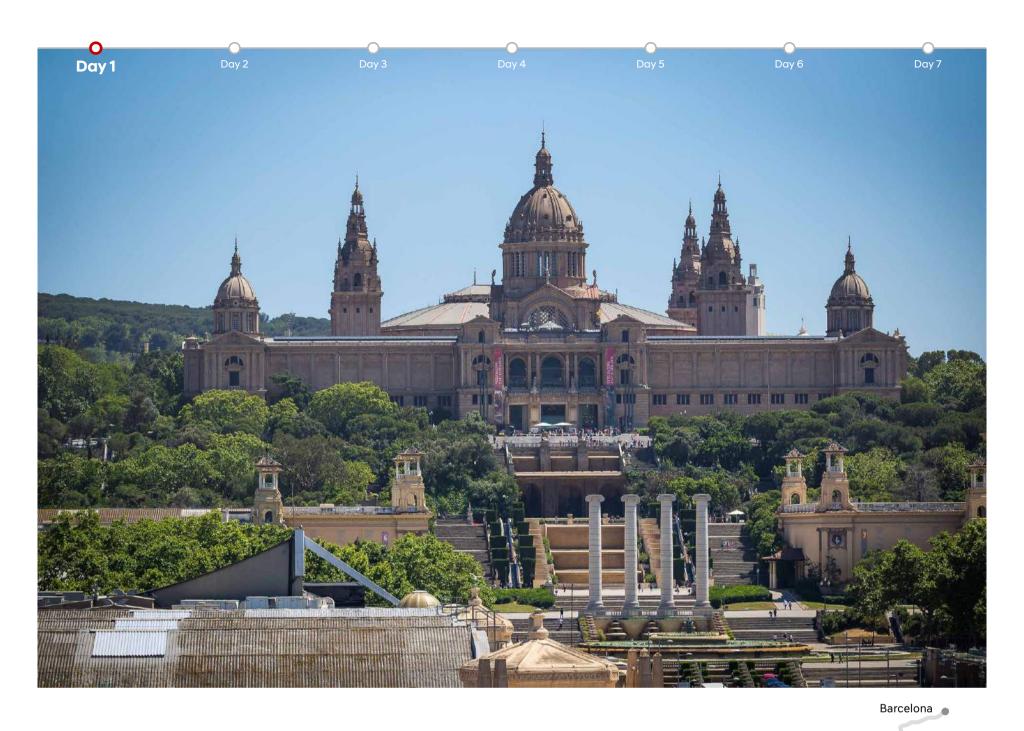
Day 4 Barbate & Tarifa

Ferry tours along the beautiful coastlines of Barbate and visits to the sand dunes at the Punta Paloma are highly recommended.



Cautionary measures

Personal security should be heightened especially at busy markets, stations, airports, theaters, and on public transportation.
 Expensive devices, such as mobile phones, and cameras, should not be carried when bathing in the sea.
 Valuables, such as keys and cash, should be secured in a safe.
 Dial 091 when damage occurs or contact public offices for help.
 There have been reported cases of theft by some, impersonating police officers. Hence, pay full attention at any time.



Barcelona

Barcelona is located in Northern Spain and is the center of the Catalonia region along with the capital city Madrid. Both cities are the pillars of the Spanish economy. It carries the remains of the Arab presence and Roman Empire with a long and rich history. On the other hand, the great works of Antoni Gaudí also attract many visitors with its abundant number of World Heritage Sites. The city's Gothic Quarter was the filming site of <Perfume>, a famous movie based on the novel of the same name by Patrick Süskind. The fountain show at the Plaza de España has a great night view and helps visitors forget about the day time heat.

For art enthusiasts, Barcelona Museum of Contemporary Art, Museu Nacional d'Art de Catalunya, Fundació Joan Miró, and Picasso Museum Barcelona, are highly recommended for a tour.

Taking a bike ride along the coastline of La Barceloneta and enjoying the views of the Mediterranean seas are also recommended.





From Barcelona to Sevilla

The team's objective was to travel by driving from the beginning to the end with Tucson. Just even imagining this journey was magnificent to reach the roads that bridge the past and present. Unfortunately, time was limited. Hence, this was the only route that the team moved via airplane. For readers who took the driving option, please share the experience!



"Hands down, Barcelona boasts some of the most beautiful beaches in the world. We were instantly drawn to the culture and active lifestyle. Ripping around the promenade on scooters was one of the funniest experiences during the trip and we highly recommend it! Hotel Diagonal was an edgy hotel with dim lights, great views over the city, and had a beautiful rooftop patio perfect for mojitos!"







09:00 Plaça de la Universitat

It is a major square in Barcelona located between the Eixample district and the Ciutat Vella. The square is a starting point to the old quarters of Barcelona. It was built after the old castle walls in the Eixample district were taken down in 1874. It is famous for its Neo-Gothic architecture style. Skate boarders regularly flock to this square and to the Plaça Urquinaona. The surrounding busy streets are crowded with modern restaurants and shops, gathering many visitors.

Add. Plaça de la Universitat

08:30 Plaça de Tetuan

This square is in the center of the Eixample district and is located between the Gran Via de les Corts Catalanes and Passeig de Sant Joan. The square was built to commemorate the occupation of the Moroccan city of Tetuan by general Joan Prim and Catalan volunteers. There lies the Doctor Robert monument by sculptor Josep Llimona in the center of the square. Doctor Robert is famous for his contributions made to the development of Barcelona.

Add. Gran Via de les Corts Catalanes, 69







Editor's Recommendation





La Cerveceria Catalana

La Cerveceria Catalana is the locals' favorite restaurant and bar that serves the best tapas in Barcelona, Its fine atmosphere and delicious cuisine gather so many guests that waiting can take up to 30 minutes to get a table. It also serves various imported beer. The restaurant boasts its fine list of Spanish wines and Sangrias.

Add. C/Mallorca 236 **Tel.**+34 932 160 368. **Expected budget** is between 13 to 23 euros.



La Boqueria Market

It is the largest traditional market place in Ciutat Vella area. It began as a marketplace by country farmers and butchers selling groceries and meat. Today, it is famous for the fine shops that specialize in jambon, the famous cured Spanish ham, and olive oils, tapas bars, and Korean street food shops, along with the regular butchers and groceries shops. Add. La Rambla 91 Tel. +34 93 318 25 84

09:45 Plaça d'Espanya

The Placa d'Espanya is one of the main squares of Barcelona and within it lies the Museu Nacional d'Art de Catalunya (MNAC), which carries the most valuable heritages of the Catalonia region. Its fountain was designed in collaboration between Josep Maria Juiol and Antoni Gaudí. The square is also famous for its Venetian Towers that is often used as a venue for trade fairs. There are evening fountain shows every summer from Thursday to Sunday and every winter on Friday and Saturday.

Add. Av. del Paral·lel, 08015 Barcelona

14:00 3 NUSOS RESTAURANT

The restaurant boasts its famous tapas and Mediterranean cuisine using rice and fish. It has a calm atmosphere with a magnificent view of the Barcelona skylines. Seasonal ingredients are the center of its cuisine. It is also famous for its wine lists and homemade desserts.

Add. Carrer d'Escar 16 Tel +34 932 217510 www.3nusos.com Expected budget is between 30 to 40 euros and it closes every Tuesday.





15:00 Playa de la Barceloneta

This Playa is the oldest and most famous beach in Spain. It is close to Las Ramblas and has roads exclusive for bike riding and walking along the beach. It is 1.1 kilometers long. It is also famous for its various leisure facilities, including beach volleyball and children's play grounds. There are restaurants specializing in seafood near the beaches.

Add. Plava Barceloneta







Editor's Recommendation



7:00 Mondo Rent

This shop rents environment-friendly transportation and became highly successful in Barcelona and Ibiza. It also provides riding services to the visitors' hotels. Visitors can rent scooters, motorcycles, and rollerblades. There are two shops in Barcelona, one in Colón and the other at Barceloneta.

[Colón] Add. Passeig de Colom 24. Tel. +34 933 011317 [Barceloneta] Add. Passeig Joan de Borbón, 80-84. Tel. +34 932 953268. http://mondorent.com Expected rent: 10 euros for a bike; 30 euros for a scooter; and five euros for a pair of rollerblades.



Bar Estudiantil

Bar Estudiantil is a traditional restaurant that began business in 1930 and is located at the Plaza Universitat in Estudiantil. It serves food without a separate break time. Visitors can enjoy a glass of wine, tapas, sandwiches, salads, and paellas at a sensible price.

Add. Plaza Universitat 12. Tel. +34 933 023125. Expected budget is between 10 to 15 euros



Hotel Vincci Bit Barcelona

Hotel Vincci Bit Barcelona is a four-star hotel located near the Diagonal Mar Shopping Center and the CCIB Convention Center. It first opened in 1992, when the Barcelona Olympics was held. It contains the most modern facilities in Barcelona. Its interior displays modern art, exhibiting the works of global illustrators and graphic artists. Its geographic advantage, being located in the Gothic district, allows visitors to get easy access to the Picasso Museum Barcelona and the Barcelona Cathedral.

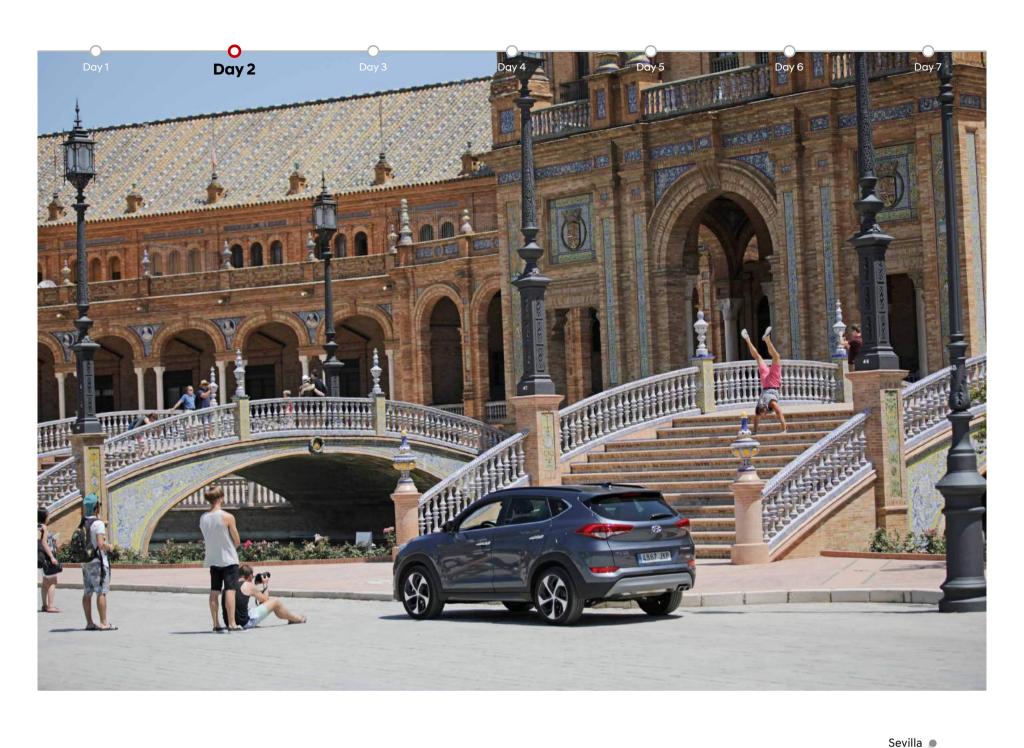
Add. C/ de Josep Pla 69. Tel. +34 931 65 74 20. Expected budget begins from 60 euros.



Hotel SB Diagonal Zero Barcelona

Architect Juli Capella designed this delicate boutique hotel near the seaside. The color combination of black and white wraps the interior of the hotel, highlighting simplicity and functionality. Various types of rooms are available. In particular, the lounge suite and jacuzzi suite garner much popularity from those on their honeymoons.

Add. Plaça de Llevant, s/n. Tel. +34 489 53 00. Expected budget begins from 76.95 euros.



Sevilla

Sevilla is the capital city of Andalusia in Southern Spain. Andalusia includes Granada and Málaga. The city was the setting of the famous opera <The Barber of Sevilla> by Gioachino Rossini and also appears in many commercials and movies. The Sevilla Cathedral is the third largest cathedral in the world and contains the grave of the famous explorer Christopher Columbus and the Giralda bell tower. The Alcázar in Sevilla was built during Muslim ruling and was later rebuilt by the Christian Monarchy. Visitors to Sevilla are recommended to watch Flamenco shows and indulge in the awesome paellas, which represents the cuisine of Southern Spain. Sevilla also has a very exciting night life with its dynamic bars and clubs that play diverse music. Its rich music scene is filled with small and large bands performed by both professional and amateur players. Many visitors recognize this scene as a gem to visit Sevilla again.

Jerez de la Frontera

From Sevilla to Jerez de la Frontera



The time spent on the road from Sevilla to Jerez de la Frontera was heavenly. The weather was perfect. And, the

moments of the Flamenco show from the other night was still lingering among the team members. While we were enjoying the exciting music through Tucson's speakers, the team was able to take the fastest route to Jerez. I had to pay for the AP4 road but it came with an amazing view of endless sunflower fields.







"Plaza de España in Sevilla is one of the coolest and most iconic places we visited on our road trip. The places looks like it was made for a Star Wars film... in fact, a scene from the Attack of the Clones was filmed there along with many other famous films! We took a cute boat ride around the canal and a horse drawn carriage through the quaint city streets. Certainly a place worth visiting! We spent the night at Hotel Palacio de Villapanes, an elegant 18th century building right in the heart of the city, with a roof top pool great for resting your feet after a day in the town."

13:00 Plaza de España

The Plaza de España was built in 1928 for the Ibero-American Exposition of 1929 and was designed by Aníbal González. It was originally built to showcase Spain's industry and technology exhibits. The plaza contains two crescent shaped buildings that are now used as the Archeological Museum of Sevilla and the Museum of Arts and Traditions of Sevilla. The plaza was used as a filming site for the 1962 film <Lawrence of Arabia>. Waterways run along the plaza and is famous as a romantic spot for locals.

Add. Plaza de España, Sevilla.



10:00 Las Setas de la Encarnación (Metropol Parasol)

Metropol Parasol is popularly known as Incarnation's mushrooms. It is a wooden structure located at La Encarnación square designed by the German architect Jürgen Mayer. It has dimensions of 150 by 70 meters and a height of 26 meters. It is reported to be the largest wooden structure of its kind. It was completed in March 2011 and 3.3 million euros have been invested in its construction. An archaeology museum is located in the basement of the building. Visitors can enjoy a panoramic view of the old quarters of Sevilla from the observatory and café on the second floor.

Add. Pl. de la Encarnación, s/n. Tel. +34 954 561512 Entrance fee: 3 euros

Editor's Recommendation



Calle Sierpes

Calle Sierpes is one of the most loved walkways by the Sevilla locals surrounded by terrace cafes and shops that open until late. It is indeed a dynamic scene. Its name comes from a huge snake-like monster that appears in one of the old folk tales in the 15th century. Visitors can easily find the old home of Miguel de Cervantes where he wrote the famous novel Don Quixote.

Add. 41004 Sevilla



La Bartola

La Bartola gives a real treat to visitors who are searching for the best tapas in town. Many Sevilla locals come to this restaurant for the food and sensible prices. Its interior conveys the colorful culture of this region. Various tapas are available in three different sizes, including tuna carpaccio, and manchego cheese. One of its representative dishes is the abanico iberico cooked with Jamón ibérico using apples and lemons. The restaurant does not take reservations.

Add. C/ San José, 24 Tel. +34 955 271978. Expected budget per tapas is between three to 4.8 euros.



Espacio Eslava

This wonderful restaurant is located in San Lorenzo's housing area. It uses local ingredients of Andalusia to cook traditional local dishes. The restaurant also manages a tapas bar. It serves a fine list of wine and jambon iberco. Its award-winning tapas, Salmorejo, a cold soup from the Cordova region, tomato toasts, and anchovy-olive tapenade, are highly recommended.

Add. C/Eslava 3. Tel. +34 954 906568 Expected budget is between 35 to 50 euros. www.espacioeslava.com

20:30 Casa Robles

The restaurant has been introduced in the Michelin Guide and is famous for its traditional interior design. It first opened in 1954 and can be easily found near the Sevilla Cathedral. It has both a bar and a restaurant. Everything on the menu is recommended, including its cold and crisp tomato gazpacho, paellas, grilled shrimp, rice dishes using squid ink, and generous portions of steaks.

Add. C/ Alvarez Quintero 58. Tel. +34 954 563 272 Expected budget between 35 to 55 euros. www.casa-robles.com









21:00 Centro Cultural Flamenco "Casa de la Memoria"

It is the cultural center for Flamenco, which was built to pass down the cultural legacy of this traditional art of Andalusia in Southern Spain. It is located in the center of Sevilla and operates a neat museum exhibiting various materials, such as photos and performance posters. Visitors can enjoy Flamenco performances at 7:30 p.m. and 9:00 p.m. by top performers taught by the legendary artists José Galván and Manolo Marín.

Add. C/Cuna 6 Tel. +34 954 560670. Expected budget is 18 euros. www.casadelamemoria.es

Editor's Recommendation





Hotel Palacio de Villapanés

This magnificent hotel was built in the 18th century and is located in an old castle in the Santa Cruz district. The luxurious wooden bedrooms have high ceilings. The hotel provides free wi-fi, flat screen TVs, mini refrigerators, and amenities. Its Superior bedrooms have a separate living room in addition to the bedroom with an iMac computer. Some of these rooms are equipped with a terrace. It takes 12 minutes on foot to the Sevilla Cathedral.

Add. C/Santiago 1. Tel. +34 954 502063. Expected budgets begin from 240 euros. http://palaciovillapanes.com





Vinería San Telmo

Delicate mosaic patterns are key to the interior design of this neat tapas bar. It specializes in salads, main dishes, and tapas. Its tapas tasting menu is highly recommended. In addition, many epicureans visit the restaurant to enjoy poached eggs, tuna tadaki, and octopus with garlic. It also boasts a large wine selection of over 100 kinds.

Add. Paseo de Catalina de Ribera 4.
Tel. +39 954 410600. Tapas tasting menu: 17.50 euros http://vineriasantelmo.com





Avre Hotel

The four-star Ayre Hotel is a 3-minute walk from the Santa Justa train station. It contains 241 bed rooms. Its lobby and reception area are decorated in contemporary fashion. Bedrooms maintain a more simplistic style. Its Superior room that has a great view of Sevilla is very popular along with its outdoor swimming facilities.

Add. Avda Kansas City 7. **Tel**. +34 954 919797 **Budget begins** from 77 euros. www.ayrehoteles.com





Mamarracha

Mamarracha is a tapas bar famous for combing an old venue with contemporary design. It also runs a farm that grows 500 different plants. Its menu is updated every four months. Juan Manuel Garcia from Argentina and Genoveva Torres Ruiz from Andalusia run this restaurant together. They worked in many distinguished restaurants around the world, including Gordon Ramsay's restaurant in Los Angeles. Visitors are recommended to try their beet salad, Black Angus Ribs, and Iberico pork cooked in tomato sauce and cheese.

Add. C/Hernando Colón 1-3. **Tel.** +34 955 12391 **Budget** is between 20 to 25 euros. www.mamarracha.es



Jerez de la Frontera



Vejer de la Frontera

Jerez de la Frontera and Vejer de la Frontera are the two main cities of Cádiz, which was the third largest province in Spain during the 12th century. During this era, Spain was expanding speedily throughout the world. These two cities are located at the very south of Spain, the Andalusia district. To their west lies the plains and to their east lies expansive mountains. Such beautiful topography gave birth to fine quality wines. Among them, fortified wines, such as sherry, which are made by adding brandies produced by distilling wines, are very popular. By adding brandy, fortified wines contain high alcohol levels between 18 to 20%. The city of Vejer de la Frontera was successful enough to keep its old districts as beautiful as it was.

The far-reaching orange groves in the outskirts of the city provide indeed a magnificent scene. Visitors can take a tour of the 12th century cathedrals in the city. During Christmas season, a festival titled Zambombas is held to present a colorful view of both Flamenco and Christmas together at the Jerez Cathedral.



From Jerez de la Frontera to Vejer de la Frontera

The team used the A-381 and the A-396 for this route, which are highly recommended. There may be other options when travelling this route but not with great views to share with your mates or relaxing moments for a coffee break.



"We got to experience "Dressage" in Jerez which was unlike any sport we'd ever seen. After our day exploring, we headed to Hotel V, which was an antique looking building with elegant style and taste. Dinner was at El Jardin del Califa, where we ate delicious Middle-Eastern and North African delicacies."

11:00

Fundación Real Escuela Andaluza del Arte Ecuestre (Royal Andalusian School of Equestrian Art)

The Royal Andalusian School of Equestrian Art became famous for its equestrian ballet performance <How the Andalusian Horses Dance>. It is managed under the Andalusian Art Foundation. The Royal Andalusian School is one of the two royal riding schools. The other, Spanish Riding School, is located in Vienna, Austria. The school focuses on conserving the ancestral abilities of the Andalusian horse, maintaining the classical traditions, and providing education in all aspects. The <Dancing stallion> shows are featured for visitors along with various small exhibitions that present the history of the school.

Add. Avda Duque de Abrantes, s/n 11407 Jerez de la Frontera. **Tel.** +34 956 319635. **Expected budget** between 21 to 100 euros. www.realescuela.org



15:00 Plaza de España

The Plaza de España is also known as 'Pescaitos'. The square is surrounded by the most beautiful cream-colored buildings in Vejer de la Frontera. Various charming bars, restaurants, and shops are located around the square. Visitors are recommended to visit during the evening hours. The center fountain exhibits glamorous mosaic patterns and serves as a regular meeting point for the locals in Cádiz.

Add. Plaza de España, Cadiz





19:00 El Jardin del Califa

This restaurant is located in an old historic building built during the 16th century and serves fine dining with a fusion twist. It contains an indoor quarter decorated with rock objects on the ceilings like those of a rocky cave and a cool outdoor terrace. It has been recommended by the Michelin Guide. Visitors are recommended to order Moroccan tajin, and other rare dishes with a mix of Lebanese and Andalusian regional cuisine. In particular, grilled meat dishes are highly recommended.

Add. Plaza de España, 16 11150 Vejer de la Frontera. **Tel.** +34 956 451706. **Expected budget** is between 30 to 40 euros. www.califavejer.com



Editor's Recommendation



Convento de las Monjas Concepcionistas

Built in the 16th century, this convent was established by D. Juan de Amaya. He and his wife were laid to rest here. Despite the damages made to the building from a big earthquake in the 17th century, the convent still maintains its elegant Renaissance framework and pillars. Currently, it is being used as a tax and customs museum.

Add. C/ Ramón y Cajal, s/n. Tel. +34 956 451736 www.turismovejer.es



Bodegas Tradicion

It is the only winery in Jerez and is famous for its fortified sherry wines. The wines receive continuous appraisal by wine experts around the world. The wines were also delivered for consumption to the Spanish and Portuguese royal families. It only produces aged sherry wines of over 30 years (Vinum Optimum Rare Signatum: V.O.R.S) and maintains the strictest level of production standards. Visitors are also recommended to visit the winery's regular art exhibition of works by famous Spanish artists from the 15th century to the 19th century.

Add. C/Cordobeses, 3 11408 Jerez de la Frontera. **Tel.** +34 956 168628 www.bodegastradicion.com



Tabanco El Pasaje

This tapas bar first began business in 1925 and is famous for serving Sierra Maestro wines and regular Flamenco performances at 9:00 pm. The interior of the bar is wrapped with old show posters and it offers visitors a memorable nightlife experience.

Add. C/ Santa María 8. 11402 Jerez de la Frontera. **Tel.** 956 33 33 59. www.tabancoelpasaje.com



23:00 Hotel V

Hotel V is the most popular hotel in Vejer de la Frontera, located in a 17th century building. Its 12 rooms all exhibit modern interior and are decorated with classical Portuguese furniture. Free wi-fi, TV, and DVD players are available. Several rooms have a beautiful scenery of the village. Other rooms, such as the Superior room, provides a personal garden and living room. Additional facilities include a rooftop bar and jacuzzi. Paid spa sessions and yoga classes are also available.

Add. C/Rosario 11-13 11150 Vejer de la Frontera. **Tel.** +34 956 451757. **Expected budgets** begin from 199 euros. www.hotely-vejer.es



Vejer de la Frontera

Barbate & Tarifa

Tarifa •

Tarifa is located in the most southern part of Europe and is faced with Tangier, Morocco, with the Strait of Gibraltar in between. It was also the setting of the famous novel <Alchemist> by Paulo Coelho. Tarifa expanded as a bridge that connected Europe and Africa during the Roman Empire. There still remains the Castle of Guzman, built during the Islam Empire ruling, which has a panoramic view of the city of Tarifa. It has one of the few wind power plants in Spain to fully utilize its windy climate. This climate also attracts visitors who enjoy water sports, such as kite surfing and wind surfing. Tarifa and its neighboring city Barbate is where the late Francisco Franco would come to enjoy his holidays. The presence of the Roman Empire remains and many Europeans come to spend their summer vacation.

From Vejer de la Frontera to Tarifa



Like the roads, travelers themselves feel excited on this route. It is one of the best routes to enjoy Tucson's

driving performance especially when moving through the seaside roads. Taking the N-340 is highly recommended as it gives magnificent views of the white sand beaches and the kite surfing scene.



"Tarifa reminded us of a small unique coastal city in Vietnam called Mui Ne, where hundreds of kite surfers congregate along the beaches and capitalize on the gusting winds for their adventurous sport. We gave kite surfing a shot after a quick crash course, but certainly need another round of lessons before getting the hang of the adventurous sport! Our accommodation was at a jungle-esque looking place called 100% Fun. It was covered in trees and foliage and was built around a surf shop so the vibes are pretty chilled out and mellow."





18:00 Playa de Valdevaqueros (Valdevaqueros Beach)

Valdevaqueros is a village and beach in Tarifa. The beautiful beach is in the north of the city and is 4 kilometers long with a width of 120 meters. There is a kite surfing center that was built in 1988, hotels, and camping sites.

Add. 11380 Valdevaqueros.

Editor's Recommendation

Hotel 100% Fun

The rooms here offer an unforgettable view of the Valdevaqueros beach. All rooms have either a garden or swimming pool set in Polynesian style. The bed frames are made of bamboo trees. Each room was designed in a unique style. The hotel restaurant's thatched roof brings out the uniqueness of the hotel. It also contains an outdoor swimming pool surrounded by trees and runs a kite surfing academy.

Add. Road N340, Km 76, 11380 Tarifa. Tel. +39 956 680330. Expected budget begins from 117 euros www.100x100fun.com



Restaurante La Pescadería

Like its name, the restaurant serves cuisine

using local seafood and produce. Owner and

chef Victor Fernandez leads the kitchen. The

texture of raw tuna is delicate and other dishes

are popular, such as shrimp salad and pistachio

vogurt ice cream. Blue textiles display a clean

Add. Paseo de la Alameda, s/n. 11380 Tarifa.





El Burgato

El Burgato welcomes guests with beautiful paintings of various fish drawn by owners Ernesto and his wife. Located near the beach, it serves various dishes, including foie gras with artichoke, and tuna tartare. Moreover, it offers a great list of Spanish wine.

Add. C/ Guzmán el Bueno, 10. 11380 Tarifa. Tel. +39 658 768842.

Expected budget is between 15 to 20 euros.

Chiringuito Volare

It is one of the trendiest restaurants and bars on the Valdevaqueros beach. Visitors are recommended to dine here after surfing. The special menus include paellas, and fresh seafood, including tuna.

Add. Playa de Valdevagueros Tarifa. **Tel.** +39 685 805333 (Andrés)





Chillout Hotel Tres Mares

The Chillout Hotel Tres Mares fully utilizes a Southeast Asian decor that provides a sanctuary for relaxation away from the city central. Its restaurant, specializing Asian food, serves great dishes and the best mojitos in town. Bedrooms include a flat screen TV and free wi-fi. Other facilities include outdoor swimming pool, tennis courts, and jacuzzis with a view of the beach.

Add. Road N340,km76, 11380 Tarifa. Tel. +39 956 680665. Expected budget begins from 60 euros. www.tresmareshotel.com

Misiana Tapas Bar

The bar's unique and colorful atmosphere gathers much attention from visitors. In addition to its cuisine that presents Japanese and Mediterranean dishes, Sangrias are also popular.

Add. C/ Sancho el Bravo IV. 16. 11380 Tarifa. Tel. +39 956 682316. Expected budget is between 20 to 35 euros. www.misiana.com





Restaurante El Campero

The restaurant serves Barbate's local cuisine. tapas, and seafood. It has a neat white-colored setting. Menus are divided into a tapas menu and a restaurant menu. Based on the daily catch by local boats, the menu offers different dishes. Fresh seafood with a fusion touch delights all guests.

Add. Avda de la Constitución, Local 5C 11160 Barbate, Tel. +34 956 432300.

Expected budget per tapas is between 3.95 to 9.75 euros and for a meal, the budget is between 20 to 30 euros.



and neat atmosphere.

Málaga & Almería

Málaga is the gateway to Costa del Sol, where several beautiful beaches are located. It is the sixth largest city in Spain and the capital of Málaga state. The city is famous for its ancient remains from BC 700, the Roman Empire, and Islamic presence. Such accumulation of time and colorful culture greet every visitor. The city was under Islam ruling and was returned to that of the Christianity in 1487. Since then, Málaga became the territory of Queen Isabella I of Castile and King Ferdinand II of Aragon, who were devoted Catholics. Pablo Picasso's house of birth and a museum that carries 230 pieces of his artworks continuously attract visitors to Málaga.

Near the Guadalmedina river that runs through the center of the city, is the Marina Square that gives a full view of the bell tower of Giralda, which was built in the 14th century, Picasso's house of birth and museum, and Alcazaba, a palatial fortification. Visitors can also enjoy great views of the beach, including that of Costa del Sol and La Malagueta beach, and various sea sports. In particular, the Málaga Festival period provides various colorful events, including Spanish traditional cuisine and bullfights.

From Tarifa to Málaga



Fellow travelers are recommended to take the toll road AP7 to the beautiful city of Marbella. When you reach the top of the

mountain, a marvelous view of lake El Chorro greets you. And, here you can then start your way through one of the most dangerous trekking courses in the world, Caminito del Rey. After gaining a memorable experience, take A357 moving towards Málaga.





Day 5

"We hiked Caminito del Rey and had an absolute blast. This is the epic hike where you walk along a man-made walkway suspended cliff side with breath taking views the entire way. It felt like we were trucking through a Jurassic Park scene!"



08:00 La Kite Surfing

It is one of the most popular water sports in West Europe that combined paragliding and surfing. A large kite is put up in the air and users are able to surf on the water while being pulled by and controlling it. A kite surfing school is operated by Hotel 100% Fun that has a great location in front of the Valdevaqueros beach. This beach is famous for its turquoise water and white sands. Thanks to its fantastic wind conditions, Tarifa is one of the best spots in Europe to practice kite surfing.

Add. N-340, Km 76, 11380 Tarifa, Cádiz









15:00 Alcazaba & Teatro Romano

Alcazaba is a palatial fortification during the Islam ruling period. Its persevered condition is indeed the best among other existing ones today. It exhibits Islamic architecture from the 11th century and is on the way to the Castillo de Gibralfaro, a Moorish castle fortress used in the Middle Ages. Teatro Roman with half-circle shaped stairs and stage was constructed under the ruling of Roman Emperor Augustus.

Add. Calle Alcazabilla 2.

10:30 Caminito Del Rey

'The King's Little Pathway' boasts its trekking path of more than 3 kilometers through its gorge. It was first built in 1905 for laborers to commute to build a water power plant. Its name was given when King Alfonso XIII crossed the course to celebrate the construction of the plant. Its glittering but dangerous view of the river, which is only 105 meters above ground, continuously gather adventurers. The course was closed for a while due to the mounting number of deaths as a result of accidents. The Andalusian government made a considerable amount of investment to refurbish it. Visitors must make a reservation in advance through a website.

Add. Ardales, Province de Málaga. **Tel.** +34 952 458145 www.caminitodelrey.info

Editor's Recommendation



Atlantis Lounge Bar

This Bar in Muello Uno offers relaxation and cocktails next to the Málaga port and historical remains.

Add. Terrace of Muelle Uno (Málaga port). Expected budget is between 10 to 20 euros.



Muelle Uno - Palmeral de las Sorpresas

It was opened in 2011 as a cultural complex. Many local citizens visit to take a view of the complex's 420 kinds of palm trees, 7,400 kinds of tropical plants, restaurants, and shops. In particular, a restaurant by Jose Carlo Garcia, a Michelin star chef, is popular. Le Cube, a brother of Le Centre Pompidou, garners attention with its modern glass features. Add. Málaga Port, Muelle 1 Tel. +39 952 003942



Andrés Maricuchi

It is located in the Pedgregalejo, a pedestrian mall, serving great wine and seafood. It has been in operation for generations. Their sardine barbeque and calamari are scrumptious.

Add. Paseo Maritimo (El Pedregal)14. Tel. +39 952 290412

Expected budget is between 20 to 30 euros.



Day 6

"We spent the day learning about the slightly controversial culture behind bullfighting. Not only did we meet a young trainer, but we also got into the ring and were shown firsthand on how to properly evade and dance with the beasts in the ring... quite a rush. We checked in at Hotel Plaza Vieja, and after throwing our robes and slippers on, the crew went underground into the grotto to try out the many hot and cold baths before getting a relaxing massage at Aire De Almería the perfect end to an adventurous day."

10:00 Finca Los Palacios Bullring

It contains facilities to experience bullfighting in Archidona. Visitors can find holm oaks and olive trees in the area along with 100 bulls being raised. With its history of 40 years, it is appraised as one of the most successful bullrings in Málaga. Members of the general public can receive training to attend a fight. This is one of the most unique experiences visitors can gain only in Spain.

Add. Paseo de Sancha 18. **Tel.** +39 952 218483









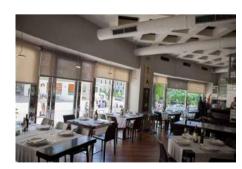


18:00 Hotel Aire de Almería

Hotel Aire de Almería combines tradition and modern taste to the spa scene. The hotel's renovation was carried out by Alonso Balaguer, an architecture studio in Barcelona. It has chains in other cities, such as New York, Barcelona, and Sevilla. As it is located in the historical center, the view from its top floor pool is simply elegant.

Add. Plaza de la Constitucion 4 04003 Almería. Expected budget begins from 27 euros www. airedealmeria.com

Editor's Recommendation



Restaurante El Refectorium Catedral

This restaurant is located in front of the Málaga Cathedral and was first opened in 1972. Although it adheres to the traditional taste, recipes take a modern turn in the kitchen. It is famous for Iberico pork, fish, and salad using seasonal produce. It is hard to find terrace seats on sunny days.

Add. C/Postigo de los abades 4. **Tel.** +39 952 602389 **Expected budget** is between 20 to 30 euros.



Eboka Restaurante

The restaurant's wooden interior builds a comfortable atmosphere. Its house wine and food are highly popular. Surrounded by museums, theaters, and shops, visitors can feel the dynamic mood at all times. Chef Antonio Fernández, appraised by Dom Vinos, brings out the best in his cuisine.

Add. Calle Pedro de Toledo 4. Tel. +34 952124671 Expected budget is between 20 to 30 euros. http://ebokarestaurante.com



Hotel Barceló Málaga

This modern hotel is located next to the Ave María Zambrano train station. The rooms are smart and chic. Its restaurant serves low-calorie menus for its health-conscious guests. It is around 1.6 kilometers away from the Málaga Cathedral. Visitors can reach the beaches 9 minutes on foot.

Add. Calle Heroe de Sostoa 2. **Tel.** +34 952 047494



Sercotel Málaga

The hotel's architecture is based on Andalusia's natural environment and was reanalyzed to build a Mediterranean atmosphere led by architect Mariscal. It has 14 bedrooms and has an excellent breakfast buffet. It is a comfortable four-star hotel for both travelling and vacation. Pets are also allowed to stay.

Add. Calle Heroe de Sostoa 17. Tel. +34 951 010150. Expected budg

Tel. +34 951 010150. **Expected budget** begins from 100 euros. www.sercotelhoteles.com



Almería

Almería is a port city in Southern Spain. Up until the 10th and the 11th century, it prospered as a capital and was part of the Caliphate of Córdoba. Its name means "lighthouse" in Arabic and suffered great damages from one of the largest earthquakes in 1522. After the earthquake, the city was reconstructed based on Arab tradition, adding more walls and gardens. Almería Cathedral was also rebuilt in a Renaissance fashion.

In addition, visitors can enjoy the Santiago Church, built in Gothic style, and San Cristóbal castle, built in Moorish style. More visitors come to the city to enjoy water sports, such as surfing and yachting. It is famous that John Lennon wrote the song <Strawberry Fields Forever> during his stay in Almería. It was also the setting for the movie <Lawrence of Arabia>, which won seven Oscar Academy awards.



From Málaga to Almería



On the way to Málaga, the team was able to take the Motorway A45 to reach the northern district of

Málaga, which gave an amazing view of the calm and endless green olive trees. From there, the team took A92 to move from the east of Anadalusia to its west. This area presents the stunning scenes of the deserts that were the setting for many movies for decades.

"We visited the Western Leone, which is essentially a wild west movie set where tons of spaghetti westerns had been filmed. After throwing our cowboy hats on and filming some fun skits, our crew headed out to Oro del Desierto for a delicious feast, a wonderful olive oil sampling session and tour."



COLORADO

10:00 Western Leone

Western Leone is a Western-style theme park in Almería. It was built on Europe's largest desert sector. Western Leone was originally built to film Sergio Leone's <The Good, The Bad and The Ugly>, starring Clint Eastwood. Visitors can witness and experience various scenes from famous Western films.

Add. A-92, 378.9km 04200 Almería . Tel. +34 950 165405 Expected budget 11 euros are charged for adults and 6 euros are charged for children between the age of 4 and 12. www.western-leone.es







Editor's Recommendation



Tony Garcia Espacio Gastronómico

The restaurant is located inside the four-star hotel Avenida del Mediterráneo and boasts its modern interior style, consisting of wooden cellars and cream-colored decoration. Tony Garcia, a local celebrity and chef, serves cuisines from Almería. Visitors have a wide range of options from a simple tapas dish to the chef's recommendation based on budget and tastes.

Add. Avenida del Mediterraneo 281 bajo.

Tel. +34 673 380270.

Expected budget is between 25 to 40 euros. www.avenidahotelalmeria.com/restaurante.html



Casa Puga

This restaurant first opened its doors in the old quarters of Almería in 1870, taking the name after its founder Juan Puga. For epicureans seeking the real tapas of Almería, this is the must-visit restaurant. It has been family-run for generations and is the one of the locals' favorite. It serves various tapas using fresh and high-quality produce. Pinchitos, charcoalbroiled meat dish, jambon Iberico, and grilled shrimps are highly recommended.

Add. Calle Jovellanos 7 Tel +34 950 231530. Expected budget is between 10 to 20 euros. www.barcasapuga.es



Tryp Indalo Almería

It is a four-star hotel with bright white bedrooms and its location is perfect for a tour of the desert. It offers sensible prices. Rooms for families are also available. It contains a fitness center and there is a safe and mini-bar in every room.

Add. Avenue del Mediterraneo 310. **Tel**. +34 912 764747.

Expected budget begins from 57 euros.

13:30 Oro del Desierto - Extra Virgin Olive Oil

The mills and visitor center of 'Oro del Desierto,' a representative olive oil company that was first established in 1925, are open to visitors. Olives are grown and oils are produced adhering to its traditional organic methods. Visitors are recommended to take a tour of the oil museum that shows its history and general manufacturing process and taste the real olive oils. Should the time allow, please consider spending a night at its lodging facilities that was renovated from old farm houses.

Add. Road N340a. Tabernas (Almería)
Tel. +34 950 611707. www.orodeldesierto.com



My Exciting Journey to Spain with Tucson

Tucson Takes You Beyond

The journey to Spain with Tucson brings visitors a bundle of unforgettable experiences, including the unique streets of the Barcelona, friendly and romantic locals, Flamenco of passion, scrumptious tapas, elegant coastlines of Barbate, and trekking through the breathtaking El Caminito del Ray,

The team's irreplaceable travel mate for this exciting journey was Tucson from Hyundai Motors to take us through the dynamic streets of Barcelona, Sevilla, Tarifa, and Málaga. Its trendy design added visibility, and its powerful and smooth driving performance gathered much attention. What was most significant was that Tucson raised the standards of safety for the team members. The unfamiliar road conditions were difficult for the drivers. Nevertheless, it was Tucson's Autonomous Emergency Brake (AEB) that detected risk to prevent a likely collision. After long hours behind the wheel, dozing off could have happened. However, this was quickly prevented by the Lane Keeping Assist System's (LKAS) warning system and function, correcting the steering direction. On the day the team was travelling from

Sevilla to Jerez de la Frontera, the weather was perfect. The team was still walking on air from the Flamenco show the night before. However, being a focused driver is key to every safe trip. In this regard, warning systems were essential. Its Forward Collision Warning System (FCWS) continuously gave signs to the driver every time the distance with vehicles near narrowed. Its Blind Spot Detection (BSD) was of great assistance when driving through the busy streets.

When parking between narrow spaces, the Smart Parking Assist System was of great help to all members. For travelers who also enjoy shopping as much as my team members do, Tucson's Smart Tail Gate will open your trunks for you. It can carry huge amounts of gifts and





luggage especially when you fully utilize its folding seats.

Spain has greeted the team once again during this amazing journey. Now it is time to return to our daily lives. However, we always say 'Every ending is a new beginning'. This journey to Spain was simply the best, thanks to Tucson that endured this seven-day journey with the team.

Taking a Road Trip in Spain

Trip in driving in Spain

- 1. Do not leave any kind of goods in your vehicle that can be seen from outside.
- 2. Do not park in areas with little lighting and pedestrians.
- 3. When an unknown pedestrian approaches you pointing out 'There is a stain on your clothing' or 'Your car seems to be having a problem', try to leave the situation. Even if there is a case of a flat tire, do not get off your vehicle and keep belongings with you at all times.
- 4. It is recommended that visitors use parking spaces that ensure security, such as those of hotels or basement parking.
- 5. Speed limit on the highways is 120 kph (kilometers per hour). When there are two lanes or more on each direction, the speed limit is 100 kph. It is 90 kph in general streets and 24 kph in residential districts.